

FIRST VISIT

PRIOR TO FIRST VISIT:

CHECK WITH YOUR INSURANCE COMPANY TO SEE IF YOU ARE COVERED FOR BEHAVIORAL ISSUES, THE AMOUNT OF YOUR DEDUCTIBLE, AND THE AMOUNT OF YOUR CO-PAY.

THE AMOUNT OF YOUR FINANCIAL RESPONSIBILITY IS DUE AT THE TIME OF YOUR VISIT TO THE OFFICE.

THIS OFFICE DOESN NOT ACCEPT CREDIT OR DEBIT CARDS; WE DO ACCEPT CASH OR LOCAL CHECKS.

COMPLETE CLIENT INFORMATION SHEET AND BE READY TO GIVE YOUR BRIEF SOCIAL HISTORY.

Both of these can be downloaded from the web site. This will save time on your first visit.

FIRST VISIT:

PLEASE BRING YOUR INSURANCE CARD WITH YOU.

THE NEXT APPOINTMENT WILL BE SCHEDULED.

THE THERAPIST WILL PRESENT A BRIEF CLINICAL HISTORY AND CLINICAL PHILOSOPHY.

THE OFFICE POLICIES AND PROCEDURES WILL BE EXPLAINED.

THE CLIENT(S) SOCIAL HISTORY WILL BE DISCUSSED.

THE CLIENT(S) WILL BE ASKED TO EXPLAIN THEIR REASON FOR SEEKING COUNSELING AND THEIR GOALS.

WHAT MOST CONCERNS YOU?

MOST THERAPISTS AGREE THAT THERE ARE FOUR MAJOR REASONS FOR MARITAL DISCORD:

- 1) FINANCIAL (WHO MAKES THE MONEY? HOW IS IT MADE? WHO SPENDS IT?)
- 2) SEXUAL
- 3) CHILD REARING
- 4) IN-LAW RELATIONSHIPS