

## CLIENT SOCIAL HISTORY

*At the beginning of our first session, I will ask you to briefly tell me about yourself in chronological order. To help me guide you, I have listed some of the information that will help me to have a better understanding of you and the major life events you have experienced up to this point.*

*These are typical questions that I will be asking you in our first session. It is not necessary to fill out this form.\**

Birth Date \_\_\_\_\_ Birth Place (if not Sevier County) \_\_\_\_\_

Family Structure (at that time) Father's occupation \_\_\_\_\_ Mother's occupation \_\_\_\_\_

Sibling Order (start with oldest first and include yourself) \_\_\_\_\_

Anything significant about your parents? (i.e.; Father's military, deployed a lot, violent arguments, divorced, deaths)

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Please place any of the following in chronological order (list year);

family moved to a different town,

residence with family member changed,

parents' divorce, stepparent relationships

high school: honor student, played sports, kicked out for fighting, graduation year stepparent relationships, if any

Next life events: college, military, married, moved out of town, occupational choices

List the following in chronological order:

All serious relationships – marriages, or any child producing relationships

Years and names of previous relationships, children

Years of any serious professional or career changes

Years of locational changes (city or state, not cross town)

List any health issues that you have had or currently have.

WHY DID YOU MAKE AN APPOINTMENT WITH THIS OFFICE?

WHAT ARE YOUR GOALS FOR THERAPY?